

SOUTH RIPLEY HIGH SCHOOL  
SOUTH RIPLEY JUNIOR HIGH SCHOOL  
ATHLETIC HANDBOOK

2018-2019

## ***INTRODUCTION***

The purpose of this handbook is to better acquaint athletes and parents, as well as coaches and administrators, with the guidelines and principles of the South Ripley High School Athletic Department. In complying with the above aims, all participants, parents and coaches will be a part of the movement to unify the entire athletic program. From this point on, every individual connected with the athletic department will strive for three goals — the improvement of ourselves, the community, and the schools.

It is the intent of this handbook to provide information that is important to all members and participants of the South Ripley Athletic Programs. **South Ripley is a proud member of the IHSAA. All IHSAA rules and regulations will be followed by grades 7-12.** In this handbook, one will find rules and regulations set forth by the IHSAA and the South Ripley High School Athletic Department. Next, information relating to insurance, transportation, the lettering system, awards, and award jackets are included for the parents' and students' benefit. The next phase of this handbook has information and basic philosophies relative to the different sports offered at South Ripley High School for both boys and girls, including cheerleaders and student managers. The final portion of this handbook is reserved for all South Ripley team and individual records.

As a final note, it should be pointed out that the athletic department and the school corporation have and will provide the best equipment and facilities possible for the athletic program. And as a result, the athletic staff will, in turn, expect the utmost cooperation and dedication from all concerned.

## ***RULES AND REGULATIONS***

### ***INDIANA HIGH SCHOOL ATHLETIC ASSOCIATION:***

- Athletes must pass five subjects to be eligible. Grades will be issued every 9 weeks.
- Athletes are eligible if they are not 20 before the end of the state finals in a sport.
- Athletes must file, before their first practice, a completed student-parent-physician certificate.
- **Athletes cannot participate with any other non-school team during the school sport season, grades 7-12.**
- Athletes must, if absent five or more days due to illness or injury, present written verification from a doctor that you may participate again.
- Athletes must have 10 separate days of practice before playing a game.
- If an athlete is new to our school system, they must have an athletic transfer from the school from which you came.
- **There is absolutely no individual or team practice on Sunday.**

### ***SOUTH RIPLEY HIGH SCHOOL:***

- Equipment -- take care of it; you are responsible for it. **Any lost equipment, you will be expected to pay for it.** Check everything in at the end of your season. Keep your equipment clean. This equipment is to be used for practice and games only — **it is not to be used as street clothes.** If the athletic department bought the equipment, it belongs to them. If you bought something, it is yours.
- Academics - Ineligible students cannot practice or dress for games.
- Appearance — rules for hairstyles, etc., will be reasonable as directed by your coach. For athletic purposes, this is to say that hair will be neat, clean, preferably short, and well-groomed at all times. Each athlete is expected to look decent at all times as he or she is constantly representing his or her family, school, and community. **South Ripley athletes are prohibited from having facial hair.**
- Attendance — you are expected to be at practice on a regular basis. **(You must be at school a full day in order to play or practice that night). Also, the day following a game, you are expected to be at school. Administration personnel will review valid excuse.**
- Keep your locker locked.
- **You are not to be in the building unsupervised.**

## **TRAINING RULES**

### **POLICY EFFECTIVE YEAR ROUND**

Violations including but not limited to: Illegal Substances/Alcohol, tobacco (& other nicotine containing) products, non-prescription drugs (or any other intoxicant), theft, vandalism, drug paraphernalia, inappropriate use of social network sites, cameras and/or cell phones. Other criminal violations could also be considered as a breach of our code of conduct.

**South Ripley student athletes are expected to represent the school and community in a positive way at all times. Student athletes should adhere to all IHSA, school and team rules and regulations. It is the expectation of administration that all SR student athletes will exhibit exemplary sportsmanship at all times. A display of unsportsmanlike conduct, the use of profanity, insubordination, or other behavior unbecoming an athlete during practice or contest will result in disciplinary action.**

**The head coach, athletic director/administration may use discretion to enforce disciplinary action. The coach has the responsibility and the authority to take action that will result in what is best for the individual, the team,**

and the school. These actions could range from a verbal warning, counseling, or suspension depending on the level of the offense. Dismissal from the team may result with the approval of the athletic director and principal after a parent conference. The athletic director and/or principal will meet with the coach and ensure all student athletes are held to the same standard. If the coach fails to uphold these standards it is the responsibility of the administration to ensure coaches are held accountable.

## *Alcohol, Drugs and Tobacco*

### **1<sup>st</sup> offense**

40% of athletic season or upcoming season if not in session. (365 days from the date of the offense). If a % of the season does not remain, the penalty will carry over to the next sports season in which the student participates. The athlete must have previously participated in the upcoming season to count toward suspension. (The athlete will attend all practices and appear in street clothes on the bench with the team at contests with the coach's approval.)

Athletes will receive a 10% reduction in penalty for self reporting and can receive an additional 10% in reduction for completing a school approved drug or alcohol program. The athlete must report to the coach or administration within 24 hours from the time of the incident.

### **2<sup>nd</sup> offense**

(During high school career)

365 day suspension from all athletics at South Ripley.

### **3<sup>rd</sup> offense**

(During high school career)

Suspension from participation in all sports at SR for the remainder of his/her high school career.

\* Tobacco, Drug and Alcohol offenses are cumulative. An athlete who has been suspended at the end of his or her season is ineligible to receive an award in the sport he/she was involved in at the time of the offense.

\*\* A jamboree or scrimmage is not counted toward any student-athlete suspension.

\*\*\* Any athletic suspension resulting in a partial game will be rounded up to the next whole number.

Accountability:

- A. If an athlete is observed possessing, using, or selling any tobacco product, alcohol product or any illegal drug by a member of the South Ripley coaching staff, faculty, or administration.
- B. The athlete admits to possessing, selling, or using any type of tobacco product, alcohol product, or illegal drug to a member of the South Ripley coaching staff, faculty, or administration.
- C. The athlete is cited, pursuant to any juvenile or criminal procedure for possessing, using, or selling any type of tobacco product, alcohol product, or illegal drug by any agency of federal government or the State of Indiana.

Situations not covered by the handbook are at the discretion of the school administration.

### **BEHAVIOR CLAUSE:**

Any athlete arrested or detained as a juvenile on any charge may be suspended from participation pending investigation of the incident. Conviction of a felony at any time shall exclude the student/athlete from athletic participation for one full year (12 months) from the day of the violation is confirmed by the school administration.

Conviction of the misdemeanor may be subject to athletic suspension for 25% of the contests on the first offense, and may practice at the discretion of the coach. The second succeeding offense, either misdemeanor or felony, may bring an athletic suspension for one calendar year from the day the violation is confirmed.

### ***STOLEN PROPERTY***

**In past years, student athletes have had valuables and money stolen during practice and various other athletic activities. To avoid re-occurrence of this problem, all student athletes are reminded not to leave valuable items or money where it may be stolen. If the valuables are not given to the coach or sponsor for safe keeping, South Ripley High School cannot assume any responsibility for the lost item. In addition, it is imperative that each student athlete become more aware of this problem to avoid further continuance of such activity.**

### ***STATE AND CONFERENCE AFFILIATION***

The interscholastic athletic program at South Ripley High School is governed by the rules of the Indiana High School Athletic Association. To represent the school in any of the sports, a student must be in compliance with the IHSAA rules found on page one of this handbook. Also, information as to professionalism, participation in sports other than of those under direction of the high school program, and residence requirements should be obtained from the athletic director.

South Ripley High School is a member of the Ohio River Valley Conference and participates in all conference sports for boys and girls. For the boys, the ORVC sponsors six sports: Cross-Country, Soccer, Basketball, Track, Golf and Baseball. For the girls, the ORVC Sponsors six sports: - Cross-Country, Soccer, Volleyball, Basketball, Softball and Track.

### ***INSURANCE***

South Ripley High School Athletic Department will **not** be purchasing athletic insurance for participants of the athletic program. Due to rising cost of supporting an athletic program plus expanding the program at the same time, a great deal of money is required. Thus, each student must show proof of his or her own accident insurance.

### ***TRANSPORTATION***

**The athletic department will provide transportation for all road games and meets. Also, all student athletes should be returning from athletic sponsored trips in the same manner in which they were taken. This will allow for less confusion and worry for all athletic coaches and sponsors.**

### ***AWARDS GIVEN BY SOUTH RIPLEY VARSITY***

Cross-Country (Boys & Girls)	*Most Valuable Runner Award *Most Improved *Senior Academic
Volleyball (Girls)	*Mental Attitude

	<ul style="list-style-type: none"> <li>*Most Improved Player Award</li> <li>*Top Server Award</li> <li>*Best Defense</li> <li>*Best Offense</li> <li>*Senior Academic</li> </ul>
Swimming (B & G)	<ul style="list-style-type: none"> <li>*Senior Academic</li> <li>*Most Improved</li> <li>*Mental Attitude</li> <li>*Most Valuable</li> </ul>
Basketball (Boys & Girls)	<ul style="list-style-type: none"> <li>*Mental Attitude</li> <li>*Most Improved</li> <li>*Rebounding Award</li> <li>*Assist Award</li> <li>*Free Throw Award (Boys need 40 attempts and girls need 35 attempts)</li> <li>*Best Defense</li> <li>*Senior Academic</li> </ul>
Cheerleaders	<ul style="list-style-type: none"> <li>*Mental Attitude</li> <li>*Most Improved</li> <li>*Senior Academic</li> </ul>
Baseball (Boys)	<ul style="list-style-type: none"> <li>*Mental Attitude</li> <li>*Most Improved</li> <li>*Leading Hitter Award</li> <li>*Outstanding Pitcher Award</li> <li>*Best Defense</li> <li>*Senior Academic</li> </ul>
Softball (Girls)	<ul style="list-style-type: none"> <li>*Mental Attitude</li> <li>*Most Improved</li> <li>*Best Defense</li> <li>*Leading Hitter Award</li> <li>*Outstanding Pitcher Award</li> <li>*Senior Academic</li> </ul>
Golf (Boys)	<ul style="list-style-type: none"> <li>*Most Valuable Player Award</li> <li>*Most Improved Player Award</li> <li>*Senior Academic</li> </ul>
Track (Boys & Girls)	<ul style="list-style-type: none"> <li>*Most Valuable Runner Award</li> <li>*Most Valuable Field Events Award</li> <li>*Most Improved</li> <li>*Most Valuable Track &amp; Field</li> <li>*Senior Academic</li> </ul>
Soccer	<ul style="list-style-type: none"> <li>*Mental Attitude</li> <li>*Most Improved Player</li> <li>*Best Defense</li> <li>*Best Offense</li> <li>*Senior Academic</li> </ul>
Reserve Award 9 <sup>th</sup> (Boys & Girls)	<ul style="list-style-type: none"> <li>Mental Attitude Award, Most Improved, Top GPA (minimum 3.0)</li> <li>Mental Attitude Award, Most Improved, Top GPA (minimum 3.0)</li> </ul>

NOTE: Senior Academic Award is given to the senior athlete with the highest GPA. (Minimum 3.0).

### ***ATHLETIC AWARDS PROGRAMS***

As in past years, the South Ripley Athletic Department will sponsor athletic awards programs for the fall, winter, and spring athletic teams. These programs will be the presentation of teams and awards. **All athletes to be honored should be in attendance, so they can be recognized for their contribution to the South Ripley athletic program.**

### ***LETTERING SYSTEM***

At South Ripley, certificate of letters, letters, and Senior Plaques will be given to athletes for recognition. For all junior high, freshmen, and junior varsity participants, both boys and girls, a certificate of letter will be given in lieu of a letter if the participants meet all requirements. A “SR” chenille letter will be given to any participants that earn a varsity letter for the first time, regardless of the sport. After the first varsity letter is awarded, every letter earned thereafter will be represented by a certificate of letter. (Only one chenille letter will be given to an individual during his or her high school career.) The Senior Plaque will be given to all senior athletes and senior cheerleaders who have earned at least 4 varsity letters. At least one varsity letter must be earned during the senior year.

### ***AWARD JACKETS***

An athlete may qualify for an award jacket after receiving one varsity letter. Each recipient of this jacket is reminded of the significance of this award and must wear and display the “Raider” jacket accordingly. All individuals are reminded that all letters earned should be defended after the jacket is given.

### ***BOYS’ BASKETBALL***

The South Ripley basketball program is designed as a progressive system based on sound fundamentals of the game beginning at the fifth grade level. The purpose of the program progresses from a great emphasis on individual fundamentals at early stages to a gradual emphasis on team offense and defense at later stages. Culminating at the varsity level, the program will greatly emphasize a fundamentally sound athlete dedicated to a high degree of teamwork and sportsmanship, which is designed to produce a successful program.

Each athlete at all levels of competition will be expected to do everything possible to become the type of individual that will bring credit to himself, his family, and the South Ripley school community. A South Ripley basketball player will be known as such in the community and classroom as well as the gymnasium. Therefore, his conduct should be above reproach in all places. A basketball player reaches his potential by dedicating himself to the game during the season and also during the off-season. Each player will be expected to play the game and to improve his fundamentals of the game all year long. A shooter, for example, is developed in the summer months rather than during the winter. Strength and power are essential ingredients for any athlete. All basketball players in junior and senior high school will be using a weight training program designed to increase strength and power. This will result in a much stronger and more competitive athlete. In order to be eligible for interscholastic basketball at South Ripley, each athlete must stay eligible by passing five solid subjects as stated by the IHSAA. South Ripley coaches will not work with students who cannot stay eligible academically.

It is our hope to develop an athlete in basketball that will be highly respected as an individual and highly competitive as a team member. The entire coaching staff will work and dedicate themselves toward this goal.

### ***LETTERING (Boys’ Basketball)***

### ***JUNIOR HIGH, FRESHMAN, & JUNIOR VARSITY***

A certificate of letter will be given to all participants who complete the season and who are in good standing. The coaches' discretion will be used in case of injury or other unforeseen circumstances.

### ***VARSITY***

A letter will be given to any participant who earns a varsity letter for the first time. If an individual has previously been given a varsity letter in another sport, he will receive a certificate of letter. The athlete must participate in 50% of the regular season games in order to be eligible for a varsity letter. All members of the team who are certified for the IHSAA tournaments and who complete the season in good standing (including all post season tournaments) are eligible for a varsity letter or certificate of letter. The coaches' discretion will be used in case of injury or other unforeseen circumstances.

### ***BOYS' BASEBALL***

At South Ripley High School, the baseball program consists of baseball teams on two levels. The junior varsity team is the first step in baseball and all participants will be given some instruction and fundamentals with a few games to develop the necessary interest. The junior varsity baseball is comprised primarily of freshmen and sophomores. The varsity baseball team is the next phase where approximately 15 players comprise the team.

The baseball coaching staff at South Ripley strives to teach the skills necessary to compete on as high of skill level as possible. It is important that our baseball program be a strong area contender each year particularly in conference and sectional play. Equipment and playing facilities at South Ripley are of top quality; thus, it is important that all concerned continue to strive to be of top quality.

Finally, it is extremely important that all participants develop a proper attitude so that parents, school, and community can be proud of their efforts. All team members should be striving to become better individuals. Also, an athlete should learn to accept defeat gracefully and be very humble in victory.

### ***LETTERING (Boys' Baseball)***

***Junior Varsity*** A certificate of letter will be given to all participants who complete the season and who are in good standing. (The junior varsity team will consist of a maximum of 15 players.) The coaches' discretion will be used in case of injury or other unforeseen circumstances.

***Varsity*** A letter will be given to any participant who earns a varsity letter for the first time. If an individual has previously been given a varsity letter in another sport, he will receive a certificate of letter. The athlete must participate in 50% of the regular season games in order to be eligible for a varsity letter. All members of the team who are certified for the IHSAA tournaments and who complete the season in good standing (including all post season tournaments) are eligible for a varsity letter or certificate of letter. The coaches' discretion will be used in case of injury or other unforeseen circumstances.

### ***BOYS' CROSS-COUNTRY AND TRACK***

The running programs at South Ripley High School in both cross-country and track have three basic purposes. First of all, the programs are designed so that every individual in each program has the opportunity to develop one's athletic potential. Secondly, an athlete, by participating in either of the sports, will become better acquainted with the rules and fundamentals of the sports particularly in track and field events and also to some degree in cross-country. Our third goal is somewhat idealistic; nevertheless, a very worthy one. By competing in cross-country and/or track and field for South Ripley, it is hoped that all participants will represent the school to



the best of their ability making certain that they live up to the tradition of being a “Runner” or “Track man” for South Ripley.

In addition to the above three purposes, the coaching staffs of the above sports expect each athlete in our programs to comply with all training standards and regulations established by the South Ripley Coaching Staff and the Indiana High School Athletic Association.

### ***LETTERING (Boys’ Cross Country)***

***Junior High*** A certificate of letter will be given to all participants who accumulates six points in junior high meets, and who completes the season in good standing. The coach’s discretion will be used in case of injury, etc.

***Junior Varsity*** A certificate of letter will be given to all participants who accumulate 10 points in reserve meets, and who are in good standing. Discretion of the coaches will determine other letter winners in case of injury, etc.

***Varsity*** A letter will be given to any participant who earns a varsity letter for the first time. If an individual has previously been given a varsity letter in cross-country or another sport, he will receive a certificate of letter. An individual who accumulates 16 points in varsity meets and who completes the season in good standing (including all post season meets), is eligible for a letter or certificate of letter. The coaches’ discretion will be used in case of injury or other unforeseen circumstances.

**Note 1.** The scoring of points is as follows for junior high, junior varsity, and varsity cross-country.

- 1<sup>st</sup> place for team -- 7 points
- 2<sup>nd</sup> place for team -- 6 points
- 3<sup>rd</sup> place for team -- 5 points
- 4<sup>th</sup> place for team -- 4 points
- 5<sup>th</sup> place for team -- 3 points
- 6<sup>th</sup> place for team -- 2 point
- 7<sup>th</sup> place for team -- 1 point

**Note 2.** Varsity and reserve points are not interchangeable.

### ***LETTERING (Boys’ Track)***

***Junior High*** A certificate of letter will be given to each participant who averages one point per meet during the junior high season, and who completes the season in good standing. The coaches’ discretion will be used in case of injury or other unforeseen circumstances.

***Junior Varsity*** A certificate of letter will be given to each participant who scores at least one varsity point but not enough to qualify for a varsity letter and who completes the season in good standing.

***Varsity*** A letter will be given to any participant who earns a varsity letter for the first time. If an individual has previously been given a varsity letter in track or another sport, he will receive a certificate of letter. An individual who averages one point per meet during the varsity track season and who completes the season in good standing (including all post season meets) is

eligible for a letter or certificate of letter. The coaches' discretion will be used in case of injury or other unforeseen circumstances.

### ***GOLF***

Golf is now a one sport season at South Ripley and is played in the spring. There are partial memberships paid each year for the golfers at South Ripley. The game of golf is played on the varsity level only and requires a great deal of patience and skill. Though one does not need to be a tremendous athlete to play golf, one must be determined and have the proper attitude to participate. Like all other sports, golf requires a great deal of time and dedication if one is to become successful. Thus, if an individual is interested in becoming a golf participant at South Ripley, he should be willing to make a few sacrifices and abide by the rules set forth.

#### ***LETTERING (Boys' Golf)***

##### ***Varsity***

A letter will be given to any participant who earns a varsity letter for the first time. If an individual has previously been given a varsity letter in golf or another sport, he will receive a certificate of letter. An individual who accumulates 10 points is eligible for a letter or certificate of letter providing the individual concludes the season and is in good standing. The coaches' discretion will be used in case of injury and other unforeseen circumstances.

#### ***POINTS AND SCORING GOLF***

There are five players per team with the four lowest scores counting. Therefore, in a dual meet, eight places would be counted. Thus, if a player finished first, he would receive eight points; the second player would receive seven, etc.

In a triangular meet, twelve places would be possible. The first place finished would have twelve points, the second place 11, etc.

### ***Boys Soccer***

At South Ripley High School the soccer program consists of one varsity team. The soccer coaching staff at South Ripley strives to teach the skills necessary to complete on as high of skill level as possible. It is important that our soccer team be a strong area contender each year particularly in conference and tournament play. Equipment and playing facilities at South Ripley are of good quality; thus; it is important that all concerned continue to strive to be of top quality.

#### ***LETTERING (Boys Soccer)***

##### ***Varsity***

A letter will be given to any participant who earns a varsity letter for the first time. If an individual has previously been given a varsity letter in another sport, he will receive a certificate of letter. The athlete must participate in 50% of the regular season games in order to be eligible for a varsity letter. All members of the team who are certified for the IHSAA tournaments and who complete the season in good standing (including all post season tournaments) are eligible for a varsity letter or certificate of letter. The coaches' discretion will be used in case of injury or other unforeseen circumstances.

##### ***Junior High***

A certificate of letter will be given to each participant who is a member of the team and who completes the season in good standing. The coaches' discretion will be used in case of an injury or other unforeseen circumstances.

## ***GIRLS' ATHLETICS***

High school age girls may compete in volleyball, basketball, cross-country, track, soccer, and softball. Also, the junior high program has been broadened to include competition on the interschool level in volleyball, basketball, cross-country, soccer, and track. By providing an excellent and organized program, it is the hope of the coaching staff that all girls have the enjoyment and friendship that are a part of any athletic program and that each participant leaves with the idea that she put forth her best effort in attempt to strengthen the South Ripley Girls' Athletic Program.

## ***GIRLS' VOLLEYBALL***

In volleyball, varsity, junior varsity, and junior high competition is provided. Fundamentals are taught early in the season, and the players are encouraged to develop individual talents on their own. It is the intent of the coaching staff to build a stronger volleyball program by providing them with a good foundation to work from concerning both the mental and physical aspects of the sport. Girls desiring to play volleyball should strive to keep themselves in good physical condition throughout the year.

At the junior varsity level, the main objective is to perfect the fundamentals of volleyball. At the varsity level, the objectives are to develop a highly skilled team that is competent in various strategies of offense and defense and instill in the players the ability to cope with the emotional stress of winning humbly and losing gracefully. Basic skills and fundamentals are emphasized in junior high teams as a building program for the high school teams.

### ***LETTERING (Girls' Volleyball)***

#### ***Junior High***

A certificate of letter will be given to each participant who is a member of the team and completes the season in good standing. The coaches' discretion will be used in case of injury or other unforeseen circumstances.

#### ***Junior Varsity***

A certificate of letter will be given to each participant who is a member of the team and who completes the season in good standing. The coaches' discretion will be used in case of an injury or other unforeseen circumstances.

#### ***Varsity***

A letter will be given to any participant who earns a varsity letter for the first time. If an individual has previously been given a varsity letter in another sport, she will receive a certificate of letter. The athlete must participate in 50% of the regular season games in order to be eligible for a varsity letter. All members of the team who are certified for the IHSAA tournaments and who complete the season in good standing (including all post season tournaments) are eligible for a varsity letter or certificate of letter. The coaches' discretion will be used in case of injury or other unforeseen circumstances.

## ***GIRLS' BASKETBALL***

Girls' basketball has become a highly competitive sport, and South Ripley High School desires to give all girls the opportunity to participate. The main objective of the program is to produce a very competitive team respected by the school, community, and other schools not only for their ability but also for its conduct on and off the court.

Each girl athlete must understand that basketball is a very demanding sport. A girl who has the desire to be on the basketball team should make a sincere effort to learn and to work diligently with the coach in making herself a better athlete. A strict practice schedule is adhered to throughout the basketball season, and the coaching staff expects each girl to cooperate fully in the development of skill and proper attitude.

A junior high program has also been introduced at South Ripley. During this time, a young girl may explore her capabilities and decide if she wants to continue in basketball. Fundamentals are taught, and eventually these are incorporated into game situations.

The girls will also follow all rules and regulations pertaining to the boys. It is not the intent of the girls' program to ever compete with the boys' program for undue recognition but to work with them in cooperative efforts to make our total program better.

### ***LETTERING (Girls' Basketball)***

#### ***Junior High***

A certificate of letter will be given to each participant who is a member of the team and who completes the season in good standing. The coaches' discretion will be used in case of an injury or other unforeseen circumstances.

#### ***Junior Varsity***

A certificate of letter will be given to each participant who has been a member of team and who completes the season in good standing. The coaches' discretion will be used in case of an injury or other unforeseen circumstances.

#### ***Varsity***

A letter will be given to any participant who earns a varsity letter for the first time. If an individual has previously been given a varsity letter in another sport, she will receive a certificate of letter. The athlete must participate in 50% of the regular season games in order to be eligible for a varsity letter. All members of the team who are certified for the IHSAA tournaments and who complete the season in good standing (including all post season tournaments) are eligible for a varsity letter or certificate of letter. The coaches' discretion will be used in case of injury or other unforeseen circumstances. The coaches' discretion will be used in case of an injury or other unforeseen circumstances.

### ***GIRLS' CROSS-COUNTRY AND TRACK***

At South Ripley High School, the girls' running program consists of two levels. The junior high team, consisting of both seventh and eighth grade girls, develops an understanding of the importance of training and conditioning for this sport and a basic knowledge of technique rules. The varsity team emphasizes individual determination in order to work at attaining the best performance possible through conditioning, knowing the fundamentals of individual events, and learning the rules of sport.

Each individual athlete must dedicate herself to follow all rules and regulations set by the coaching staff, school, and the IHSAA. The running programs should be an all-year concern of both the team member and coach, and a summer running program should be arranged.

As a final note, it is the aim of the coaching staff to develop individual abilities and attitudes which will, in turn, produce a strong team effort for South Ripley.

### ***LETTERING (Girls' Cross-Country)***

#### ***Junior High***

A certificate of letter will be given to all participants who accumulate 6 points in junior high meets, and who complete the season in good standing. The coach's discretion will be used in case of injury, etc.

**Junior Varsity** A certificate of letter will be given to all participants who accumulate 10 points in reserve meets, and who are in good standing. Discretion of the coaches will determine other letter winners in case of injury, etc.

**Varsity** A letter will be given to any participant who earns a varsity letter for the first time. If an individual has previously been given a varsity in cross-country or another sport, she will receive a certificate of letter. An individual who accumulates 16 points in varsity meets, and who completes the season in good standing (including all post season meets), is eligible for a letter or certificate of letter. The coaches' discretion will be used in case of injury or other unforeseen circumstances.

**Note 1.** The scoring of points is as follows for junior high, junior varsity, and varsity cross-country.

1<sup>st</sup> place for team -- 7 points

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3<sup>rd</sup> place for team -- 5 points

4<sup>th</sup> place for team -- 4 points

5<sup>th</sup> place for team -- 3 points

6<sup>th</sup> place for team -- 2 points

7<sup>th</sup> place for team -- 1 point

**Note 2.** Varsity and reserve points are not interchangeable.

#### ***LETTERING (Girls' Track)***

**Junior High** A certificate of letter will be given to each participant who averages one point per meet during the track season and who completes the season in good standing. The coaches' discretion will be used in case of injury or other unforeseen circumstances.

**Junior Varsity** A certificate of letter will be given to each participant who scores at least one varsity point but not enough to qualify for a varsity letter, and who completes the season in good standing.

**Varsity** A letter will be given to any participant who earns a varsity letter for the first time. If an individual has previously been given a letter in track or another sport, she will receive a certificate of letter. An individual who averages one point per meet during the varsity track season and who completes the season in good standing (including all post season meets) is eligible for a letter or certificate of letter. The coaches' discretion will be used in case of injury or other unforeseen circumstances.

#### ***Girls' Soccer***

At South Ripley High School the soccer program consists of one varsity team. The soccer coaching staff at South Ripley strives to teach the skills necessary to complete on as high of skill level as possible. It is important that our soccer team be a strong area contender each year particularly in conference and tournament play. Equipment and playing facilities at South Ripley are of good quality; thus; it is important that all concerned continue to strive to be of top quality.

#### ***LETTERING (Girls' Soccer)***

**Varsity** A letter will be given to any participant who earns a varsity letter for the first time. If an

individual has previously been given a varsity letter in another sport, she will receive a certificate of letter. The athlete must participate in 50% of the regular season games in order to be eligible for a varsity letter. All members of the team who are certified for the IHSAA tournaments and who complete the season in good standing (including all post season tournaments) are eligible for a varsity letter or certificate of letter. The coaches' discretion will be used in case of injury or other unforeseen circumstances.

### ***Junior High***

A certificate of letter will be given to each participant who is a member of the team and who completes the season in good standing. The coaches' discretion will be used in case of an injury or other unforeseen circumstances.

## ***CHEERLEADERS***

To become a cheerleader at South Ripley High School, the participants must meet many requirements. First of all, all candidates must meet the IHSAA eligibility requirements including passing five solid subjects. Also, the participant must have good citizenship standing. Finally, all candidates must keep in mind that they, too, are an integral part of South Ripley High School Athletic Program and must abide by the same rules and regulations as the rest of the boy and girl athletes that have been set forth.

### ***Selection Guidelines***

Candidate has placed name on sign-up sheet in front office (announcements have been made for sign-ups and sheet has been available for a minimum of 3 days.

Coach ultimately selects squad. Coach plus, an in house judge(s) plus an outside judge(s) will attend workshops as well as tryouts. Candidates will be chosen based on the following criteria:

**Group Cheer/Chant** – timing, execution, motions, eye contact, knowledge, confidence.

**Individual Cheer** – Originality of cheer, creativity of cheer

**Cheer Technique** – motion, sharpness, voice, etc.

**Jumps** – toe touch, herkie, right kick, left kick

**Dance** – performance ability, coordination, timing, execution

**Tumbling** – cartwheel, round off, advance tumbling consider a bonus

**Contribution to Squad** – basing, flying, spotting

## ***LETTERING AND AWARDS (Cheerleaders)***

### ***Junior High***

A certificate of letter will be given to all junior high cheerleaders who complete the season and are in good standing. The sponsor's discretion will be used in case of injury or other unforeseen circumstances.

### ***Varsity, Reserve***

A letter will be given to any varsity cheerleader who has earned a varsity letter for the first time, If a cheerleader has previously earned a letter as a varsity cheerleader or in another athletic activity, she will receive a certificate of letter. The sponsor's' discretion will be used in case of injury or other unforeseen circumstances. Reserve will receive a reserve certificate.

### ***STUDENT MANAGERS***

Student managers are used in all sports at South Ripley. These students are definitely assets to any athletic program; and thus, they are eligible for all benefits and recognition that all other participants receive. The student managers, therefore, are eligible for letters, letters of certificates, senior plaques, and award jackets when they have earned them. The student manager is an integral part of the team, and he or she must abide by the same rules and regulations as the team members relative to letter requirements and recognition. The coaches will be required to assign duties to the managers to justify the awarding of a letter.

### ***GIRLS' SOFTBALL***

At South Ripley High School, the softball program consists of softball teams on two levels. The junior varsity team is the first step in softball and all participants will be given some instruction and fundamentals with a few games to develop the necessary interest. The junior varsity softball is comprised primarily of freshmen and sophomores. The varsity softball team is the next phase where approximately 15 players comprise the team.

The softball coaching staff at South Ripley strives to teach the skills necessary to compete on as high of skill level as possible. It is important that our softball program be a strong area contender each year particularly in conference and tournament play. Equipment and playing facilities at South Ripley are of top quality; thus, it is important that all concerned continue to strive to be of top quality.

Finally, it is extremely important that all participants develop a proper attitude so that parents, school, and community can be proud of their efforts. All team members should be striving to become better individuals and athletes.

### ***LETTERING (Girls' Softball)***

***Junior Varsity*** A certificate of letter will be given to all participants who complete the season and who are in good standing. (The junior varsity team will consist of a maximum of 15 players.) The coaches' discretion will be used in case of injury or other unforeseen circumstances. (Because of numbers, a junior varsity team is not always fielded.)

***Varsity*** A letter will be given to any participant who earns a varsity letter for the first time. If an individual has previously been given a varsity letter in another sport, she will receive a certificate of letter. The athlete must participate in 50% of the regular season games in order to be eligible for a varsity letter. All members of the team who are certified for the IHSAA tournaments and who complete the season in good standing (including all post season tournaments) are eligible for a varsity letter or certificate of letter. The coaches' discretion will be used in case of injury or other unforeseen circumstances.

***SOUTH RIPLEY TRANSPORTATION POLICY***

South Ripley Jr. – Sr. High School provides transportation to and from the athletic contests, music events, and other extra-curricular and co-curricular activities. Students are **expected** to ride the bus to the events and home from the events. School officials can make exceptions to this policy when parents/guardians wish to transport their children to, or from a school event. In transporting a child to an event, special arrangements must be made with school administration well before the event. A sign out sheet will be available for parents/guardians to take their child home after an event. A child may **NOT** ride home with anyone except a parent or guardian. Emergency situations will be reviewed on a case-by-case basis at the discretion of school officials.

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Student Name \_\_\_\_\_ Grade Level \_\_\_\_\_

I \_\_\_\_\_, \_\_\_\_\_,  
(**printed** name parent/guardian) (signature)

have read the transportation policy of South Ripley Community Schools and I understand my responsibilities as a parent/guardian. I and my child have also read and understood the South Ripley Athletic Handbook, including participation fees and requirements. We will abide by the rules and regulations set forth in the 2016-2017 Student Athletic Handbook.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Student Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_